

# Hyde County Hotline

**24 Hour Crisis Line 252-925-2500**

## Are you familiar with the Start by Believing Campaign?

### The Message

**One failed response... five more assaults.  
Stop the cycle and make our communities safer.**

*Start by Believing* is a public awareness campaign uniquely focused on the public response to sexual assault. Because a friend or family member is typically the first person a victim confides in after an assault, each individual's personal reaction is the first step in a long path toward justice and healing. Knowing how to respond is critical—a negative response can worsen the trauma and foster an environment where perpetrators face zero consequences for their crimes.

Because rapists attack an average of six times, one failed response can equal five more victims. *Start by Believing* will lead the way toward stopping this cycle, by creating a positive community response, informing the public, uniting allies and supporters, and improving our personal reactions. The goal is to change the world, and outcomes for victims, one response at a time.

*Start by Believing* was launched during Sexual Assault Awareness Month in April 2011 in conjunction with the *International Conference on Sexual Assault, Domestic Violence and Stalking* hosted by End Violence Against Women International (EVAWI) April 11-13 in Chicago. The campaign featured unique messaging and campaign materials, web and social media outreach and opportunities for corporate partnership and support.

Check out  
[www.startbybelieving.org](http://www.startbybelieving.org)  
to find more info!



**April is Sexual Assault  
Awareness & Prevention  
Month**

**100 % OF RAPES  
ARE THE FAULT OF THE RAPIST**



**OUR MISSION:** The purpose of Hyde County Hotline, Inc. is to work to eliminate domestic abuse and sexual victimization and provide safe shelter in Hyde County, North Carolina through the collaborative efforts of a compassionate community. We promote dignity, respect and safety at home resulting in safer communities.



## Race across the Lake Hyde County Hotline

### Registration

\$25 – Ages 15 and up; \$15 – Ages 10 – 14; \$8 – Ages 9 and under

Cash or check payable to Hyde County Hotline.

Saturday, April 16, 2016 8:00 am Race Begins at 9:00 am

Location: at the intersection of Hwy 94 and the North Lake Rd in Fairfield.  
The registration fee includes Run/Walk registration, a registration packet and refreshments.

**\*\*registration packets are only guaranteed for registrations submitted by March 15th\*\***

5k – 3.1 miles

10k – 6.2 miles

Lake Rd – 7 miles

REGISTRATIONS WELCOME ON DAY OF EVENT

8:00 AM – 9:00 AM

Saturday, April 16, 2016

Pick up registration packets at check in table.

For more information or to registers, please go to [www.hydecountryhotline.org](http://www.hydecountryhotline.org)  
or call 252-925-2502.

### DOMESTIC VIOLENCE HOMICIDES IN NC

from January 1 – March 2, 2016

12 Murders

[www.nccadv.org](http://www.nccadv.org)



**NO MORE**

TOGETHER WE CAN END  
DOMESTIC VIOLENCE & SEXUAL ASSAULT

## Pinwheels for PREVENTION®

Shining in the sun, the pinwheels  
represent a bright future for  
our children and our community.

We want all children to live in stable,  
loving, and stimulating environments -  
at home, in school, and in the community.



[www.preventchildabusenc.org](http://www.preventchildabusenc.org)



National  
Child Abuse  
Prevention  
Month



Pinwheels for  
PREVENTION®



We all play a role  
when it comes to  
the healthy development  
of our nation's children.

### How you can help...

**\*\*Donate to our Thrift Stores – call us for pick-up of large items 252-925-2502 (all donations are tax deductible)**

**\*\*Ask us about presentations \*\*Ask how we can help you**

**\*\* Tell others about us**

**\*\*Monetary donations are accepted: PO Box 335, Engelhard, NC 27824**

**We're on the Web!**

**Visit us at:**

**[www.hydecountryhotline.org](http://www.hydecountryhotline.org)**



## Understanding Sexual Violence

Sexual violence refers to any sexual activity where consent is not obtained or freely given. Anyone can experience or perpetrate sexual violence. Most victims of sexual violence are female. Perpetrators are usually someone known to the victim and can be a friend, intimate partner, coworker, neighbor, or family member of the victim.

There are many types of sexual violence. It includes physical acts, such as unwanted touching and unwanted sexual penetration. Sexual violence also includes acts that do not involve physical contact between the victim and the perpetrator—for example, sexual harassment, threats, and peeping.

### **Sexual violence is a significant problem in the United States:**

- In a nationwide survey, 7.3% of high school students reported having been forced to have sex. More female (10.5%) than male (4.2%) students reported experiencing forced sex in their lifetimes.<sup>1</sup>
- An estimated 20% to 25% of college women in the United States were victims of attempted or completed rape during their college career<sup>2</sup> and 5.2% in the past year.<sup>3</sup>
- Nearly 1 in 5 women and 1 in 59 men in the United States have been raped at some time in their lives.<sup>4</sup>
- An estimated 12.5% of women and 5.8% of men have experienced sexual coercion in their lifetime; and 27.3% of women and 10.8% of men have experienced unwanted sexual contact.<sup>4</sup>

These numbers underestimate the problem.<sup>4</sup>

Many cases are not reported because victims are afraid to tell the police, friends, or family about the violence. Victims also think that their stories of abuse will not be believed and that police cannot help them. They may be ashamed or embarrassed. Victims may also keep quiet because they have been threatened with further harm if they tell anyone. Sexual violence can negatively impact health in many ways. Some effects can lead to long-term health problems. These include but are not limited to chronic pain, headaches, stomach problems, and sexually transmitted diseases. Sexual violence can have emotional impacts as well. Victims often are fearful and anxious. They may replay the attack over and over in their minds. They may have problems with trust and be wary of becoming involved with others. The anger and stress that victims feel may lead to eating disorders and depression. Some even think about or attempt suicide. Sexual violence is also linked to negative health behaviors. For example, victims are more likely to smoke, abuse alcohol, use drugs, and engage in risky sexual activity.<sup>5</sup>

<http://www.cdc.gov/violenceprevention/pdf/sv-factsheet.pdf>

Thank you to the Family Violence Prevention Services Program, US DHHS, and NC Council for Women for financial support.



## Learn More

### *Serving Latinos*

#### COMMUNITY PARTNERS AND FRIENDS

On behalf of Hyde County Hotline, Inc., I am pleased to invite key staff from your organization to participate in a special training opportunity aimed at building greater understanding, trust and cooperation with Latinos in our community. Recognizing the significant challenges and opportunities our rapidly shifting demographics bring to domestic violence shelters and social service agencies throughout North Carolina, the Serving Latinos training offers interested agencies (domestic violence shelters, health agencies, schools, law enforcement, etc.) crucial cultural competency training, and best practices for service, education, and outreach to our newest Latino neighbors on issues related to domestic violence prevention and social service. The Serving Latinos training will take place on Thursday, June 16th from 10am – 3pm at the Hyde County Government Center.

This free, multi-media, interactive training is funded by the North Carolina Council for Women, and is provided by FaithAction International House, a nonprofit located in downtown Greensboro, North Carolina. FaithAction serves thousands of new immigrants each year, while educating and connecting our diverse community across lines of culture and faith – turning strangers into neighbors! You can learn more about their work at [www.faithaction.org](http://www.faithaction.org).

The training includes:

- Immigration 101: Myth vs. Fact
- Understanding Latino Culture and Building Trust and Cooperation with DV victims and advocates
- Between Worlds: Immigrants and Domestic Violence Video Documentary (Lunch)
- Best Practices for DV Prevention Outreach and Education with Latinos
- Identifying Local/Regional Resources and Next Steps

\*Please note that lunch and snacks will be provided for training participants.

Please email [cghydehotline@gmail.com](mailto:cghydehotline@gmail.com) by June 2, 2016 if you are interested in joining us.



**“NEVER DOUBT THAT A SMALL GROUP  
OF THOUGHTFUL, COMMITTED CITIZENS  
CAN CHANGE THE WORLD;  
INDEED, IT’S THE ONLY THING  
THAT EVER HAS.”  
-MARGARET MEAD**

Volunteers are vital to the organization’s overall functioning and success.

Hyde County Hotline is a private, non-profit organization in Hyde County dedicated to promoting dignity, respect and safety at home resulting in safer communities. All proceeds from the thrift stores go to support the Hyde County Hotline mission. All donations are tax-deductible and tax donation forms will be mailed to you from Hyde County Hotline.